

# Three Tiered Approach to Violence Prevention in Schools

## TIER I: TSP Teach Smart Prevent

Providing teachers with the confidence and skills to intervene in and deescalate potentially harmful situations is of vital importance in providing a positive and safe school environment. This five-hour training consists of three hours of classroom instruction and two hours of hands-on instruction and is designed for 20 participants per session. TSP training includes the following:

### Prevention

- SMART (Superior Mental Awareness Training)
- De-escalation techniques
- Professionalism
- Bullying/Cyber bullying
- Non-physical intervention
- Verbal intervention

### Psychology 4 + 4 = 8

- Four Steps of Mental Awareness
- Four Reasons for Violent Behaviors
- Eight Steps in Resolving Conflicts

### Appropriate Restraint Techniques

- When
- Where
- How to apply

## TIER II: TRT Teacher Response Team

Early intervention is the key to reducing the duration and occurrence of violent acts as well as reducing the collateral damage of violence in schools. The primary focus of the Teacher Response Team training program is to establish a highly-trained team of first responders with the capacity to quickly and effectively address potentially violent situations. Teacher Response Teams are the first line of defense during the critical interim period prior to the arrival of law enforcement. Successful implementation of Teacher Response Teams includes establishing protocols and procedures for activating the Teacher Response Team, specialized training for the Teacher Response Teams, and identification of team leaders. This specialized training will provide Teacher Response Team members with specific tactical skills to address a wide variety of potentially violent scenarios ranging from basic physical altercations to situations involving weapons.

This two-day, five-stage training includes the following:

- Phase I: Fight Separation and Restraint
- Phase II: Advanced Restraint
- Phase III: Strike Response
- Phase IV: Weapons Responses
- Phase V: Defenses (Hand to Hand)

## TIER III: 3 Rs Respond, Refresh, Refine

This one-day refresher course includes an on-site drill for the Teacher Response Team as well as customized support and training for perceived areas of need and/or new team members.

- Respond: Onsite drill
- Refresh: Needs identified by team
- Refine: Needs based on evaluation of drill

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